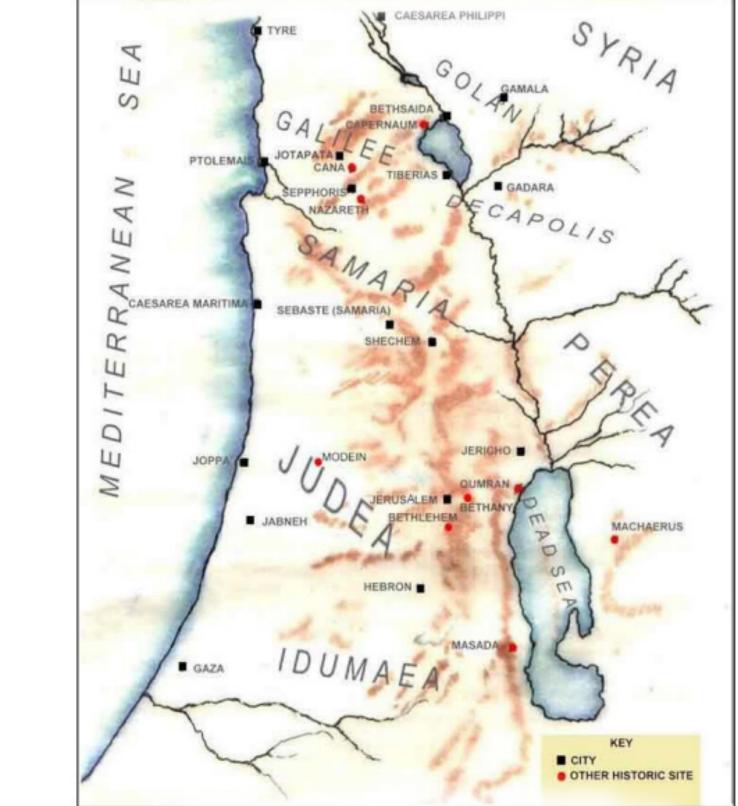
# EIGHTH SUNDAY AFTER PENTECOST



July 14, 2024, 10:00am

## Land Acknowledgment

We recognize that we gather on the ancestral lands of the Ojibwe, Ho Chunk, and Dakota. We acknowledge their leaders, past, present, and emerging.

## GATHERING

Prelude	Praeludium in e minor	Bruhns
Opening Hymns	Lift Every Voice and Sing (verse 3) O God, Our Help in Ages Past (verses 1 & 2) The Old Rugged Cross	#841 #632

On a hill far away stood an old rugged cross, the emblem of suff'ring and shame; and I love that old cross where the dearest and best for a world of lost sinners was slain.

#### Refrain

So I'll cherish the old rugged cross, till my trophies at last I lay down; I will cling to the old rugged cross, and exchange it some day for a crown.

To the old rugged cross I will ever be true, its shame and reproach gladly bear; Christ will call me some day to my home far away, where his glory forever I'll share. *Refrain* 

## **Apostolic Greeting**

#### Prayer of the Day

O God, from you come all holy desires, all good counsels, and all just works. Give to us, your servants, that peace which the world cannot give, that our hearts may be set to obey your commandments; and also that we, being defended from the fear of our enemies, may live in peace and quietness, through Jesus Christ, our Savior and Lord.

Amen

Word

#### **Children's Message**

## The First Reading is from Amos, chapter 7

<sup>7</sup> This is what the Lord GOD showed me: the Lord was standing beside a wall built with a plumb line, with a plumb line in his hand. <sup>8</sup> And the LORD said to me, "Amos, what do you see?" And I said, "A plumb line." Then the Lord said,

"See, I am setting a plumb line

in the midst of my people Israel;

I will never again pass them by;

<sup>9</sup> the high places of Isaac shall be made desolate,

and the sanctuaries of Israel shall be laid waste,

and I will rise against the house of Jeroboam with the sword."

<sup>10</sup> Then Amaziah, the priest of Bethel, sent to King Jeroboam of Israel, saying, "Amos has conspired against you in the very center of the house of Israel; the land is not able to bear all his words. <sup>11</sup> For thus Amos has said,

'Jeroboam shall die by the sword,

and Israel must go into exile

away from his land.'"

<sup>12</sup>And Ámaziah said to Amos, "O seer, go, flee away to the land of Judah, earn your bread there, and prophesy there; <sup>13</sup> but never again prophesy at Bethel, for it is the king's sanctuary, and it is a temple of the kingdom."

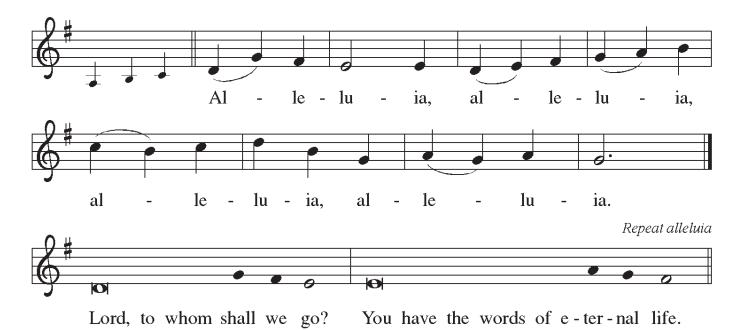
<sup>14</sup> Then Amos answered Amaziah, "I am no prophet, nor a prophet's son; but I am a herdsman, and a dresser of sycamore trees, <sup>15</sup> and the LORD took me from following the flock, and the LORD said to me, 'Go, prophesy to my people Israel.'"

## Word of God, Word of Life. Thanks be to God!

## The Second Reading is from Ephesians, chapter 1

<sup>3</sup>Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, <sup>4</sup> just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. <sup>5</sup> He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, <sup>6</sup> to the praise of his glorious grace that he freely bestowed on us in the Beloved. <sup>7</sup> In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace <sup>8</sup> that he lavished on us. With all wisdom and insight <sup>9</sup> he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, <sup>10</sup> as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth.<sup>11</sup> In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, <sup>12</sup> so that we, who were the first to set our hope on Christ, might live for the praise of his glory. <sup>13</sup> In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; <sup>14</sup> this is the pledge of our inheritance toward redemption as God's own people, to the praise of his glory.

Word of God, Word of Life. Thanks be to God!



## The Gospel for today comes from Mark, chapter 6 Glory to you, O Lord.

<sup>14</sup> King Herod heard of [the disciples' preaching,] for Jesus' name had become known. Some were saying, "John the baptizer has been raised from the dead; and for this reason these powers are at work in him." <sup>15</sup> But others said, "It is Elijah." And others said, "It is a prophet, like one of the prophets of old." <sup>16</sup> But when Herod heard of it, he said, "John, whom I beheaded, has been raised."

<sup>17</sup> For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. <sup>18</sup> For John had been telling Herod, "It is not lawful for you to have your brother's wife." <sup>19</sup>And Herodias had a grudge against him, and wanted to kill him. But she could not, <sup>20</sup> for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. <sup>21</sup> But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. <sup>22</sup> When the daughter of Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, "Ask me for whatever you wish, and I will give it." <sup>23</sup> And he solemnly swore to her, "Whatever you ask me, I will give you, even half of my kingdom." <sup>24</sup> She went out and said to her mother, "What should I ask for?" She replied, "The head of John the baptizer." <sup>25</sup> Immediately she rushed back to the king and requested, "I want you to give me at once the head of John the Baptist on a platter." <sup>26</sup> The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her.<sup>27</sup> Immediately the king sent a soldier of the guard with orders to bring John's head. He went and beheaded him in the prison, <sup>28</sup> brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. <sup>29</sup> When his disciples heard about it, they came and took his body, and laid it in a tomb.

The gospel of the Lord. Praise to you, O Christ. Message Jan Adams

## Hymn of the Day Crown Him with Many Crowns (verses 1, 2, & 4)

**Apostles' Creed** I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven. he is seated at the right hand of the Father, and he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic church, the communion of saints. the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

#### **Prayers of the Church**

One in the communion of saints and in the power of the Holy Spirit, we join our voices in prayer.

A brief silence.

... In your mercy,

hear our prayer.

Holy God, holy and merciful: into your outstretched arms we commend ourselves and all for whom we pray, trusting in the one who is the way, the truth, and the life, Jesus Christ our Savior and Lord.

Amen.

#### Peace

The peace of Christ be with you always. And also with you.

Meal

**Offering** O Bread

O Bread of Life from Heaven

J. A. van Eyken

## **Offering Prayer**

Jesus, Bread of life, you have set this table with your very self, and called us to the feast of plenty. Gather what has been sown among us, and strengthen us in this meal. Make us to be what we receive here, your body for the life of the world.

Amen.

## **Great Thanksgiving**

The Lord be with you.

And also with you.

Lift up your hearts.

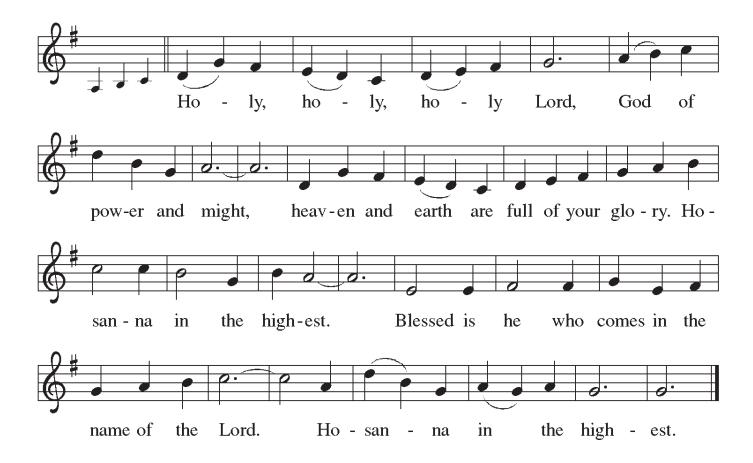
We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right, our duty, and our joy, ... we praise your name and join their unending hymn:

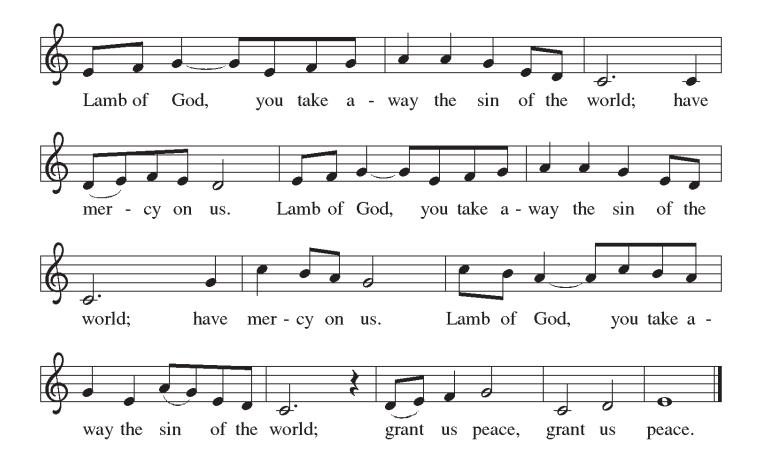
## **Eucharistic Prayer**



Lord's Prayer Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

#### Communion

Our communion bread is gluten free and the communion cups with clear liquid have grape juice instead of wine.



#### **Prayer After Communion**

Jesus, Bread of life, we have received from your table more than we could ever ask. As you have nourished us in this meal, now strengthen us to love the world as you love us. In your name we pray.

Amen.

## Sending

#### Blessing

The blessing of God, who provides for us, feeds us, and journeys with us, **†** be upon you now and forever.

Amen.

Sending Hymn	Lord, Dismiss Us with Your Blessing	#545
<b>Dismissal</b> Go in peace. Yo <b>Thanks be</b>	u are the body of Christ. <b>to God.</b>	
Postlude	O God Beyond All Praising	David Cherwien

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Message: Jan Adams Presider: Rev. Barb Koch Assisting Minister: Bev Page Reader: Barb Piper Organist: Elaine Mann

	Weekly Calenda	r	
<u>SUNDAY (14<sup>th</sup>)</u> Coffee Hour – 9:30am Worship – 10am <u>MONDAY</u> Summer Camp – 6am	<u>TUESDAY</u> Summer Camp – 6am	<u>THURSDAY</u> Summer Camp – 6am	
Worship – 10am	Prayer Group – 11am	Friday	GRACE
<u>Monday</u>	Wednesday	Summer Camp – 6am	LUTHERAN
Summer Camp – 6am	Summer Camp – 6am Text Study – 12pm	<u>SUNDAY (21st)</u>	сниксн 2024-7-14
	Crafters – 10am	Coffee Hour – 9:30am Worship – 10am	
Other groups using the buildi	ng this week: Sunsational Summer	Camp, Jonah, Scouts, ECWiT	
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## Sojourner House Thank You!

THANK YOU to all who generously donated wish list items to Beacon and Sojourner Houses and/or provided the hot breakfast foods. They were so excited for the nice HOT breakfast and orange juice! Both houses were so thankful and appreciated all the donated gifts to help out their guests and families.

Mission Outreach Ministry

## Good Experiences

We will have three opportunities for you to explore meaningful things that have happened in your life and the God–given gifts that made them possible.

On July 21 and August 18 th we will meet after worship to 2:30pm with a lunch included. We will also have a Zoom option on Monday August 26 th from 6 to 9pm. Choose one and sign up in the entrance of the church. During these sessions you will share four Good Experiences that show your "Dependable Strengths." Dependable Strengths are skills you have used often, well, and throughout your life.

# ADRC Health Promotion Workshops

Registration is open for these upcoming Summer 2024 Health Promotion workshops offered by the Aging & Disability Resource Center of Eau Claire County. Please share with those who can benefit from these small group interactive well-being classes.

## Walk With Ease (in person)

Six-week walking program developed by the Arthritis Foundation. While walking is the central activity, it also includes education to ease arthritis symptoms, stretching and strengthening exercises, and motivational strategies. Classes meet three times weekly for one hour. Must have ability to be on your feet for at least 10 minutes without increased pain. Participants receive the Arthritis Foundation Walk With Ease guidebook. \$10 suggested contribution.

Mondays, Wednesdays, Thursdays, 9:30 — 10:30 am/ July 15 — August 22, 2024 Carson Park, Eau Claire

## Mind Over Matter: Healthy Bowels, Healthy Bladder (in person)

Three-session workshop designed to give women the tools they need to take control of symptoms. It provides information and group activities along with simple exercises and

dietary changes to practice at home. Even if you do not have leakage symptoms now, it is never too early or too late to think about bladder and bowel health. \$10 suggested contribution.

Tuesdays, 9:30 — 11:30 am/ July 16, 30 & August 13, 2024

Agriculture & Resource Center, 227 1st Street West, Altoona

## Stepping On fall prevention program (in person)

Are you feeling unsteady on your feet? Stepping On can help you avoid a dangerous and costly fall so you can keep doing the things you love to do. In just 7 weeks, you will learn: Strength and balance exercises you can adapt to your individual level. To identify and remove or avoid fall hazards both inside and outside your home. How vision, hearing, medication, and footwear affect your risk of falling. To get back on your feet the right way if you do fall.

Tuesdays, 10:00 am — 12:00 pm / September 10 — October 22, 2024 Grace Lutheran Church, 202 W Grand Avenue, Eau Claire

## Healthy Living with Diabetes (in person)

Designed for adults of all ages who have type 2 diabetes, pre-diabetes, or who live with someone who does. Learn how to manage the condition through 14 self-management tools. Topics include healthy eating: food label reading, meal planning, relaxation techniques, fitness for exercise and fun, problem-solving, stress and depression management, short-term goal setting, communicating with friends, family, and your medical team. Meets weekly for 6 weeks, plus optional class with a Certified Diabetes Specialist.

Tuesdays, 1:00 — 3:30 pm / September 17 — October 29, 2024 Grace Lutheran Church, 202 W Grand Avenue, Eau Claire

REGISTER at least one week prior: Call the ADRC at 715-839-4735 or go to www.adrcevents.org.

# Church Office Hours

Monday — Thursday : 10AM — 2PM Phone: 715-832-9713 Email: <u>info@grace-church.org</u> Rev. Dr. Phil Ruge-Jones: <u>pastorphil@grace-church.org</u>

Services are live streamed Sundays at 10am on:

- Facebook: <u>https://www.facebook.com/gracelutheraneauclaire/</u>
- Youtube embedded in our website: <u>https://grace-church.org/our-ministry</u> Bulletins may also be found on the same page.

Recordings of worship services are broadcast Sundays 10:30am on WQOW Channel 18, Cable 9, 618HD (every other week)

Past services are posted at "Grace Lutheran Church ELCA Eau Claire Wisconsin" YouTube page — <u>https://bit.ly/49WLWPj</u>



Do you have information for the bulletin and Grace at a Glance? Deadline is Wednesday by 2:00 p.m. by emailing Andrew at <u>info@grace-church.org</u> or by calling the office at 715–832–9713